



Artful Grief: A Diary of Healing (Hardback)

By Sharon Strouse

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New. 231 x 155 mm. Language: English . Brand New Book *****

Print on Demand *****. Artful Grief is a decade long study of loss

by an art therapist, in the aftermath of her daughter s suicide.

On October 11, 2001, Sharon received a phone call in the middle of the night from the New York City Police Department telling her that her seventeen year old daughter Kristin, had fallen from the roof of her college dormitory. So began her journey into the

labyrinth of unspeakable grief. As the rst year drew to a close

she found no comfort in traditional therapy, and no solace in

spoken or written words. In surrender to her inner art therapist s

guidance, she began to create collages. She cut and tore images

out of magazines and glued them on various size paper. The

paper was a safe and sacred container, receptive to the fullness

of emotion, story and paradox. Over time there was

transformation and healing. Artful Grief A creative roadmap

through violent dying and grief. A dose of soul medicine for

survivors. A way to retrieve the pieces of a shattered life, with

paper,...



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