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A Taste of Scandinavia: The Real Food and Cooking of Sweden, Norway and Denmark

By Anna Mosesson, Janet Laurence, Judith H. Dern

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, A Taste of Scandinavia: The Real Food and Cooking of Sweden, Norway and Denmark, Anna Mosesson, Janet Laurence, Judith H. Dern, In this title, three delightful cookbooks are brought together in one Scandinavian gift collection. It offers everything you need to know about Swedish, Norwegian and Danish cuisines with over 180 authentic recipes. This title features evocative and informative introductions that cover the history, geography and culinary traditions of each country, as well as the local ingredients. Dishes include classic Gravlax with Mustard and Dill Sauce from Sweden, traditional Roast Hare with Lingonberries from Norway and world-famous Danish Pastry from Denmark. It is illustrated with 900 beautiful photographs, including a picture of every finished dish. Nutritional breakdowns are provided for every recipe. Classic Scandinavian cuisine is rooted in the natural bounty of the land, with fresh fish from the seas, wild game from the forests, and delicious dairy from the animals that graze on the fertile pastures. This wonderful collection of three books encapsulates the cooking of Sweden, Norway and Denmark, three distinct countries that are united by history, landscape, ingredients and culinary techniques. Each book opens with an absorbing introduction, which...



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